Volume 8, Number 17 October 9-22, 1993

UCSF Newsbreak

Major study backs needle exchange to prevent AIDS

Providing drug users with free sterile needles sharply curbs infection by the AIDS virus, according to the first major scientific study of needle exchange programs.

The study by Peter Lurie of the UCSF Institute for Health Policy Studies and Arthur L. Reingold of the UC Berkeley School of Public Health concludes that the ban on the use of federal funds for needle exchange program services is hampering efforts to prevent HIV infection among injecting drug users, their sex partners, and their offspring, and should be repealed.

The researchers have just completed an 18-month study of legal and illegal needle exchange programs in the US, Canada, and eight other countries, the most comprehensive such study ever conducted.

"Our research clearly shows what should have been obvious all along," said Lurie at a press conference held on campus last week. "There is clear evidence of a decrease in high-risk needle-sharing among clients of the programs, and the time has arrived for federal, state and local governments to remove the legal and administrative barriers to them."

Needle exchange programs do not appear to increase drug use and do prevent HIV infections in injecting drug users, their sex partners, and their children, said the researchers.

"With new HIV infections occurring daily in injecting drug users, their sex partners and their children, the time has arrived for federal, state, and local governments to remove the legal and administrative barriers to needle exchange programs," urges Lurie. "The availability of sterile syringes can be further increased by encouraging the sale, distribution, or exchange of sterile syringes in pharmacies," he adds.

"These programs should be an integral part of public health efforts to stem HIV infection among drug users and should be part of a comprehensive approach to drug use that should also emphasize expanded access to drug treatment and school- and community-based interventions to prevent the initiation of drug use," says Lurie.

The 37 US needle exchange programs have distributed more than 5.4 million sterile needles to injecting drug users, the report estimates.

The report was funded by the US Centers for Disease Control & Prevention.

"Before such programs are implemented," said Lurie, "all community groups likely to be affected must be consulted and their concerns addressed."

The researchers made the following additional recommendations:

- The federal government should commit substantial funds for needle exchange services and expand research into these programs.
- Governments in the 11 states and District of Columbia that have "prescription laws" precluding the purchase of a syringe without a prescription should repeal these laws. States also should repeal those elements of the "paraphernalia laws" that preclude the sale, distribution, or possession of syringes. These laws, say the researchers, hinder the establishment of needle exchange programs and make injecting drug users more likely to share syringes.
- Local governments should work with community groups to develop a comprehensive approach to preventing HIV in injecting drugs users, their partners, and their children. This approach should include needle exchange programs and the expansion of drug treatment services.

Estimates of the numbers of injecting drug users in the US range from 1.1 to 1.5 million, and of the more than 315,390 AIDS cases in the US up to June 1993, one-third occurred in injection drug users, their sex partners, and their children.

The societal costs of injection drug use, including drug treatment, lost productivity, accidents, illness, and crime have been esti-

(continued on page 2)

"Time to remove the needle exchange program barriers," said Peter Lurie (right) at the press conference last week. To his right is Arthur Reingold.

Page 4 ... Music in the Library Series Oct. 13

Superior Court upholds MZ's SEIR

Superior Court Judge Stuart R. Pollak has rejected a neighborhood group's legal challenge to UCSF/Mount Zion's plans to build an outpatient cancer center and a research facility. He ruled that UCSF/Mount Zion's Subsequent Environmental Impact Report (SEIR), concerning changes in proposed construction to carry out UCSF/Mount Zion's original development plan, was valid.

The center and research facility are necessary components of the planned UCSF Comprehensive Cancer Center, the only National Cancer Institute–designated Comprehensive Cancer Center in Northern California.

Chancellor Joseph Martin emphasized that "we will continue to work with community members and neighborhood groups to keep the exchange of information a high priority. This Cancer Center will serve the people in our neighborhood and the local community as well as being a regional resource."

The SEIR, which supplements the original EIR approved in 1990, was certified by the UC Board of Regents November 20, 1992. A neighborhood group called the Western Addition Concerned Citizens filed a lawsuit December 21, 1992 seeking to overturn the SEIR.

UCSF met with neighborhood groups and held numerous community meetings to receive comments and keep the public informed during the SEIR process, Martin added. UCSF continues to hold regular monthly community meetings at UCSF/Mount Zion as well as work with different neighborhood groups.

The principal changes from the 1990 plan include keeping the Pavilion building, located at 2356 Sutter, as an interim Cancer Center while a new five-story outpatient cancer treatment facility is being built. The new structure will replace the existing two-story outpatient services facility at 1600 Divisadero.

Land acquisition for construction of a four-story research facility, medical office space and parking originally planned for the Pavilion site also are discussed in the SEIR.

(continued on page 7)

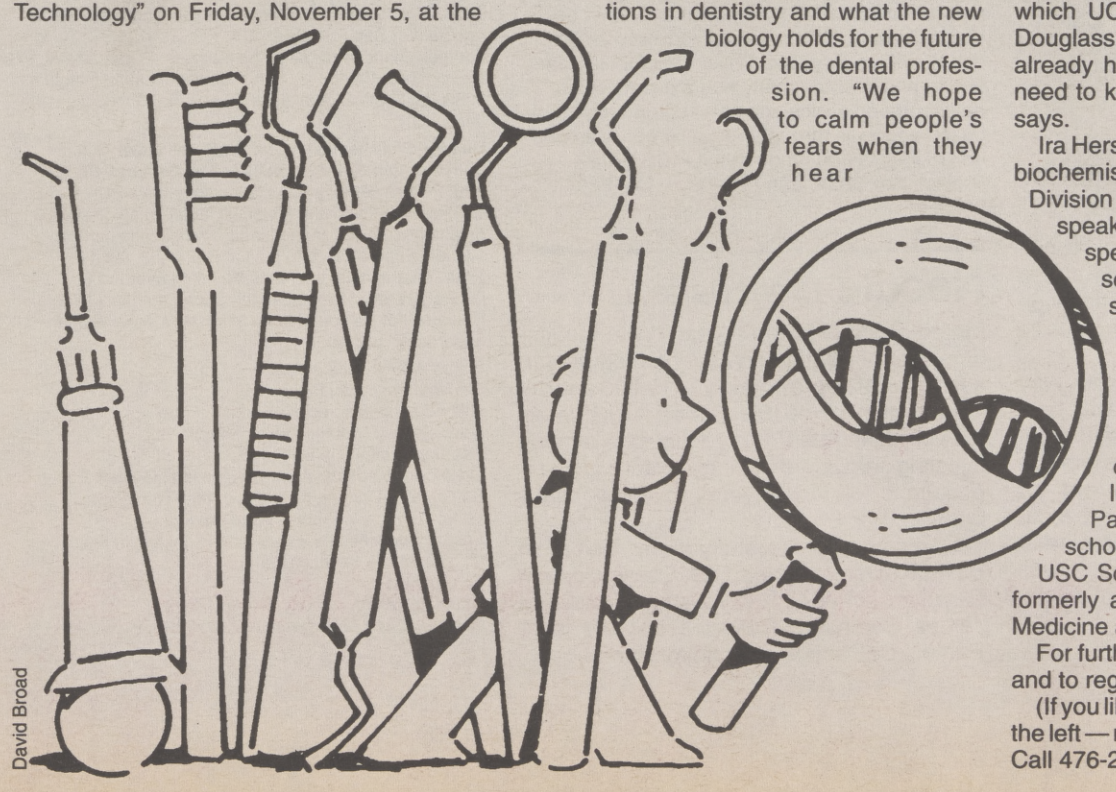
"Exploring the Double Helix: Dentistry's New Frontier in DNA Technology"

From genetically altered tomatoes and gene therapy to DNA fingerprinting and gene-linked diseases, genetics and DNA technology have become a regular part of our lives. In many ways what was science fiction 20 years ago has become reality. But when it comes to something so established and well understood as dentistry, does this new world of science have anything to offer?

As an aid to help better understand DNA technology and where the dental field fits in, the School of Dentistry and the American Dental Association are co-sponsoring a one-day symposium entitled "Exploring the Double Helix: Dentistry's New Frontier in DNA Technology" on Friday, November 5, at the Moscone Center.

"This will be an important conference, because while much of the medical community has a good understanding of the possibilities of the molecular biology revolution, the dental profession has yet to establish much of a dialogue about the inevitability of this new biology being used in all aspects of dentistry," says restorative dentist Gordon Douglass, who will serve as moderator of the conference.

According to Douglass, the symposium has been designed to stimulate discussion on the new biology and to provide a basic understanding of DNA science, its applications in dentistry and what the new biology holds for the future of the dental profession. "We hope to calm people's fears when they hear terms like 'genetic engineering' and 'transgenics,'" says Douglass.



David Broad

"The idea for developing the conference originated from the widely successful 'Winding Your Way Through DNA' symposium, which UCSF held September 1992," says Douglass. "The new biology is here, and already having an impact on dentistry. We need to keep up with this exciting field," he says.

Ira Herskowitz, UCSF professor and chair, biochemistry & biophysics and head of the Division of Genetics, will be the keynote speaker of the symposium. Other UCSF speakers will include Chancellor Joseph Martin; John Greenspan, chair, stomatology; Thomas Bramanti, stomatology; Rory Hume, chair, restorative dentistry; Alexander Johnson, biochemistry & biophysics; Edward O'Neil, director, Center for Health Profession Education; and Nina Agabian, director, Intercampus Program in Molecular Parasitology. Speakers from other schools will include: Harold Slavkin, USC School of Dentistry and David Cox, formerly at UCSF, now with the School of Medicine at Stanford.

For further information on the symposium, and to register, call 476-1101.

(If you like the symposium's logo — seen to the left — maybe you would like it on a T-shirt. Call 476-2712 for information.)

Weekend of Caring slated for Nov. 6-7

For the second year in a row, UCSF is organizing a United Way "Weekend of Caring" — two full days of volunteer opportunities — to be held Saturday and Sunday, November 6 and 7.

Your community needs your help more than ever. Why not join your friends, coworkers and family to serve lunch to those in need, help out at a hotline, read a book to a homeless child, or give your time to one of the many AIDS support services.

A sign-up form soon will be sent to all campus employees. Just fill it out and return it no later than Friday, October 15, to Katherine Riordan, Public Affairs, Box 0462. For further information call her at 476-0729.

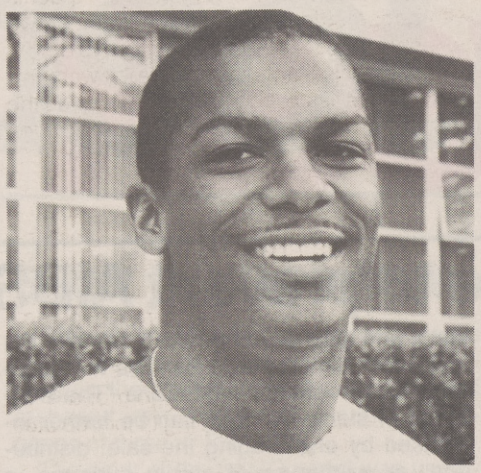
Martin honorary chair of Biotech Expo & Conference

Chancellor Joseph Martin is the honorary chair of the International Biotechnology Expo & Conference to be held from Tuesday to Thursday, October 26 to 28, at the Moscone Center. Martin also will be one of three keynote speakers. Plenary speaker will be John Gibbons, science advisor to President Clinton. See details in the next issue of *Newsbreak*.

Gazette

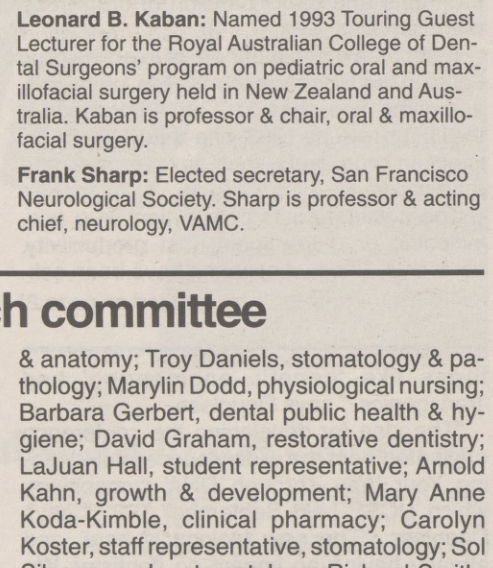
Honors & Awards

Vuksich



Turner

Coughlin



Malenka

Clark

Dorothy Vuksich: Elected to the board of directors, American Cancer Society/San Francisco Division. She also is currently serving on the Board of Behavioral Science Examiners. Vuksich is a member, UCSF Foundation Board.

Shaun R. Coughlin: Received the Cardiac Care Award of Excellence for $5,000 from the San Francisco Alumnae Chapter of the Alpha Phi Foundation for his research in cardiovascular disease. Coughlin is associate director, CVRI; associate professor, medicine.

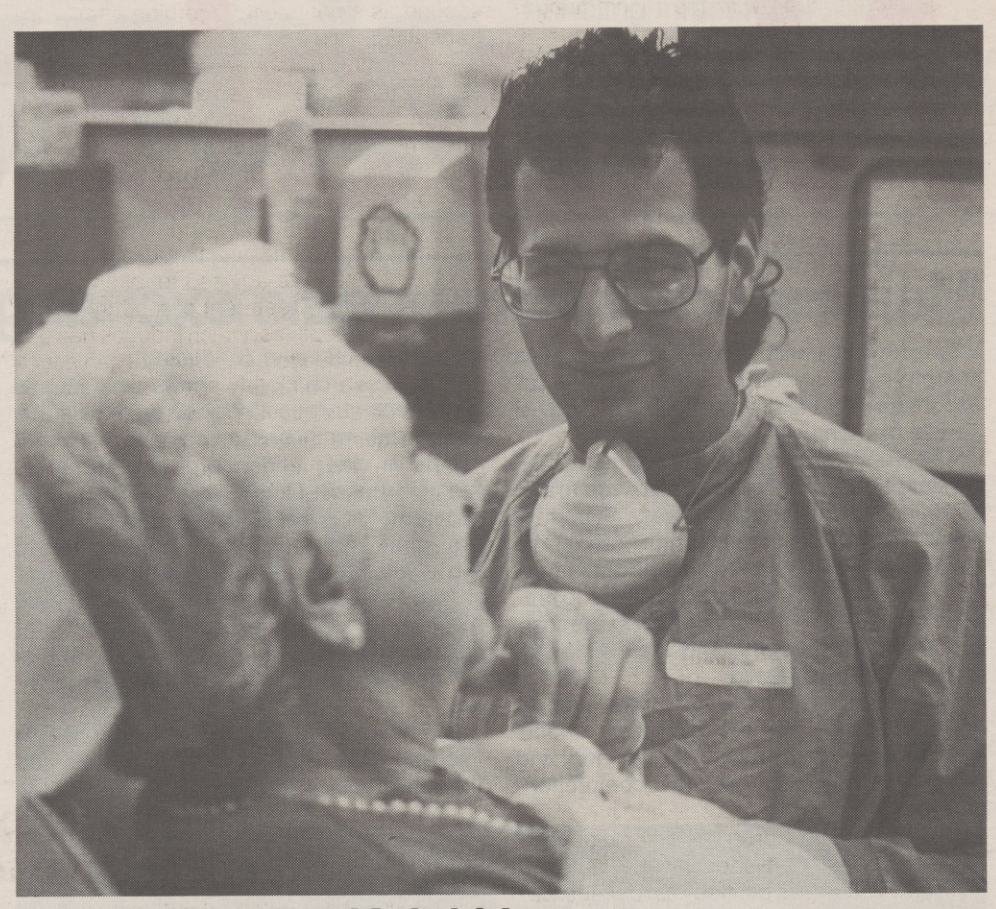
Norris Turner: Received the first-place award for best research presentation at the Third Annual Western Pharmaceutical & Pharmacological Sciences Graduates Students' Meeting held at UCSF in late August. His topic was "Estimation of the Upper Molecular Weight Limit for the Iontophoresis of Fluorescently Labelled Peptides Using Confocal Microscopy." Turner is a third-year graduate student, pharmaceutical chemistry.

Robert C. Malenka: Co-recipient of the Society for Neuroscience 1993 Young Investigator Award, the major award in the field for researchers under the age of 40. Malenka is assistant professor, psychiatry & physiology.

Orlo H. Clark: Appointed president-elect, International Association of Endocrine Surgeons (IAES). He has served as treasurer and secretary of the IAES in the past. He also received the Paul Starr Award from the American Thyroid Association for his outstanding contributions to thyroid surgery. Clark is professor & vice chair, surgery; chief, surgery, Mount Zion.

Leonard B. Kaban: Named 1993 Touring Guest Lecturer for the Royal Australian College of Dental Surgeons' program on pediatric oral and maxillofacial surgery held in New Zealand and Australia. Kaban is professor & chair, oral & maxillofacial surgery.

Frank Sharp: Elected secretary, San Francisco Neurological Society. Sharp is professor & acting chief, neurology, VAMC.



Crest Award to Kolokithas

Dental resident Steven Kolokithas has won the Crest Award for Excellence in Preventive Dentistry for the Elderly from the American Society for Geriatric Dentistry and the Proctor & Gamble Co. Receiving the award a few months ago as a senior dental student, he was recognized for significant academic and clinical contributions to the field of geriatric oral health. Recommending Kolokithas for the award was William Bird, vice chair of restorative dentistry, who served as his faculty advisor. Above, Kolokithas discusses the design of a new partial plate with Bess Gonte of San Francisco.

Michael J. Aminoff: Elected president, American Academy of Clinical Neurophysiology; vice chair, Clinical Neurophysiology Section, American Academy of Neurology; treasurer, American Board of Electrodiagnostic Medicine; director, National Parkinson Foundation Center of Excellence; and reappointed chair, American Board of Clinical Neurophysiology. Aminoff is professor, neurology; director, clinical neurophysiology.

Alexander R. Margulis: Named an honorary member, European Association of Radiology, in recognition of his expertise in magnetic resonance imaging, diagnostic imaging in oncology, magnetic resonance spectroscopy and general gastrointestinal radiology. Margulis is professor, radiology; director, Magnetic Resonance Science Center; and associate chancellor, special projects, University Advancement & Planning.

John S. Greenspan: Named the UC representative to the newly established Statewide Interagency HIV/AIDS Coordinating Council. He is professor & chair, stomatology; professor, pathology; director, AIDS Clinical Research Center.

Daniel H. Lowenstein: Chosen as a member, Montreal Neurologic Institute Task Force on Basic Science Epilepsy Research. Lowenstein is assistant professor, neurology.

Newton C. Gordon: Received the 1993 Committee Person of the Year Award from the Northern California Society of Oral & Maxillofacial Surgeons. In addition, he was elected a trustee of the National Dental Association. Gordon is clinical professor, oral & maxillofacial surgery; chief, dentistry/oral & maxillofacial surgery, SFGH.

Frank Longo, **Stephen Sagar** & **Ray Swanson:** All received VA Career Development Awards. Longo also received the VA Merit Review Award. Sagar is professor, neurology & assistant chief, neurology, VAMC. Both Longo and Swanson are assistant professors, neurology.

Rudi Schmid: Honored in Beijing by the People's Republic of China's Minister of Health, President of the Chinese Academy of Medical Sciences and the Ministry of Foreign Affairs' President of the Association for Friendship with Foreign Countries. He also received honorary degrees from the Norman Bethune University of Medical Sciences in Changchun and the Xian Medical University. Schmid is professor emeritus, medicine; associate dean, International Relations, Schools of Medicine & Pharmacy.

In Memoriam

Ian Barlow: Director, community psychiatric services, AIDS Health Project. A neuropsychiatrist, he would visit the homes of HIV-positive people and those with AIDS at any time of day or night to provide psychiatric care that they would otherwise have had to go to hospitals to receive. He also was one of the original psychiatric consultants for St. Mary's CARE Unit, a facility dedicated to the treatment of patients with HIV-associated cognitive impairment. Barlow, who performed his residency at UCSF, authored many articles on AIDS dementia and other psychiatric issues. He co-founded and served as director of the Bay Area Physicians for Human Rights and devoted many hours of services to neighborhood clinics and other community-based agencies throughout his career. Memorial donations may be made to the AIDS Health Project, Box 0884, San Francisco, CA, 94143-0884.

Dentistry Dean's search committee

A search committee has been set up to look for a new School of Dentistry dean to replace John Greene, who is retiring after more than a decade with UCSF. The committee, which is chaired by Ron Arenson, radiology, and staffed by Jeanne Coombs of the Chancellor's Office, consists of the following members: Pamela Arbuckle, alumni; Nelson Artiga, restorative dentistry; Elizabeth Blackburn, microbiology & immunology; Thomas Bramanti, stomatology; Caroline Damsky, stomatology & anatomy; Troy Daniels, stomatology & pathology; Marylin Dodd, physiological nursing; Barbara Gerbert, dental public health & hygiene; David Graham, restorative dentistry; LaJuan Hall, student representative; Arnold Kahn, growth & development; Mary Anne Koda-Kimble, clinical pharmacy; Carolyn Koster, staff representative, stomatology; Sol Silverman, Jr., stomatology; Richard Smith, oral surgery; and Kenneth L. Wong, Dental Alumni Association.

Six AAMC Awards to UCSF

The Association of American Medical Colleges (AAMC) has awarded UCSF six top honors in recent competition. Jeff Miller, editor of the *UCSF Magazine* took the Robert G. Fenley Award for Excellence — a first place in general writing — for "What Makes a Good Doctor?" in the May '92 issue of the magazine, plus an Award of Distinction in medical science writing for his article "Threads of life, Twists of Fate" in the September '92 issue. (Miller also won the Fenley Award in 1987 for "The Gene Hunters" in the June '86 issue of the magazine.)

The *UCSF Magazine* also won Award of Distinction honors for both the May and September '92 issues, featuring medical education and genetics, respectively. With these latest honors, the *UCSF Magazine* has won 33 awards in nationwide competition since its creation in 1978.

Alumni Affairs and the "Winding Your Way Through DNA" symposium, which was held last September, both won Excellence in Special Programs Awards. Alumni Affairs took the award for a special send-off event for otolaryngology residents arranged by executive director Mark Jordan and coordinator Valerie Margol. The DNA symposium was coordinated by Public Affairs' Valli McDougle.

Needle *(from page 1)*

mated at $58.3 billion a year. "With the lifetime cost of treating an HIV-infected person estimated at approximately $119,000 and the annual number of IDU-related AIDS cases growing during the 1980s, HIV infection among injecting drug users will likely exact a growing economic toll in the years to come," says Lurie.

Co-authors of the study were: Benjamin Bowser, Donna Chen, Jill Foley, Joseph Guydish, James G. Kahn, Sandra Lane, and James Sorensen. Project assistants were Pamela DeCarlo and Nicholas Harris.

UCSF *Newsbreak*

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Deadline for the next issue, which will cover October 23-November 5, will be on Tuesday**, October 12, at 11 a.m.** Please send campus news copy to Allen Balderson (476-3163), Medical Center news to Dawn Finch (476-3256), and calendar and gazette items to Michele Firpo (476-3257), all at Box 0462; fax 476-3541. Last-minute copy may be taken over the telephone by calling the above telephone numbers. The University of California is an affirmative action/equal opportunity employer.

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Les Benet highlights RU 486's possible uses

Fast track report leads to book on abortion pill

A month ago national newspapers across the country carried the headlines "Broader Uses Seen for Abortion Pill" ... "Fast OK Urged for RU 486" ... "Potential Benefits of New Pill Extensive."

The stories dealt with the recommendations of a scientific committee urging the Food & Drug Administration to rapidly test the controversial abortion pill — RU 486 — for broader clinical uses. UCSF's Leslie Z. Benet, professor and chair of the Department of Pharmacy, headed that National Academy of Sciences' Institute of Medicine (IOM) committee.

Benet says the committee worked very quickly. It was just last December that the president of the IOM asked Benet to chair the panel to look at RU 486, which is within a class of drugs called antiprogestins. These drugs block progesterone, a hormone that plays a key role in pregnancy, and also can affect conditions related to the tissue in the cervix, breast and brain.

"All of the committee members felt that it was incredibly important for us to work fast because this is potentially a significant class of drugs that didn't even exist 10 years ago," says Benet. 'Our recommendation was that the pill has been so extensively tested as an abortion drug in France, Britain and Sweden that the FDA should consider it without requiring further clinical trials in the US," he adds.

Only six months after the first committee meeting, Benet and three IOM staff members edited a book detailing RU 486's effectiveness as a daily birth control pill and its potential as a milestone drug for other diseases and conditions. Published by the National Academy Press, it is entitled *Clinical Applications of Mifepristone RU 486 and Other Antiprogestins.*

RU 486 has generated great interest in the research community since its discovery in France in the early 1980s. "Seldom has a research discovery been so rapidly applied in clinical medicine," says Benet. The reception in this country was far different. Hostility toward abortion prevented the drug from being introduced into the US market. Consideration of approval has accelerated since President Clinton signed an executive order in January calling for research into the benefits and risks of the drug.

"We've had attacks from abortion foes in this country who believe that the committee's recommendations are just a back door approach to get the drug approved, just so it can be used for abortions," says Benet. "That's not true."

RU 486 in reproductive health

Benet explains that in terms of reproductive health, RU 486, besides being effective in terminating pregnancy (60,000 women across Europe have used it effectively), may also work in two different ways to prevent conception: one by acting as a contraceptive similar to the presently used birth control pill, and second as a post-coital "morning after" contraceptive.

"Preventing pregnancy after unprotected sex is among the immediate possibilities of the drug. This could be the best 'morning after' medication around," says Benet. "If you take the pill within 72 hours of having unprotected sex, it is significantly more effective than what presently is recommended in the US and it has minimal, if any, side effects." In the US, women are advised to take the not-always-effective treatment of a double dose of oral contraceptives, which induces nausea and vomiting due to a high increase in estrogen levels, explains Benet.

(While at the University of Southern California, David Grimes, who now is the new chief of ob/gyn and reproductive sciences at SFGH, led one of the only studies in the US on RU 486. See adjacent story for the latest research on two other potential abortion drugs that have been tested in his department.)

Other possible uses

"One of the most exciting possibilities of this class of drugs is their effectiveness in treating non-malignant tumors of the brain, which are called mengiomas. You can die from these tumors because when they grow they basically crowd everything else out," says Benet. "The tumor is stimulated by progesterone. RU 486 blocks progesterone, therefore allowing the tumor to shrink."

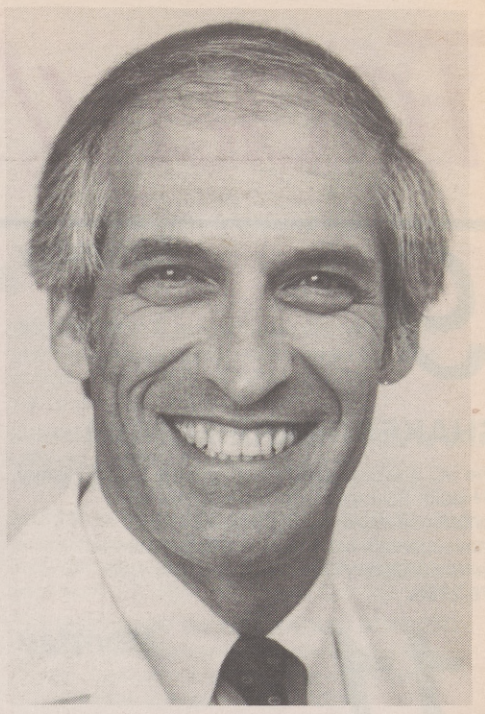
"Other data which is very promising deals with endometriosis and uterine fibroids, two widespread diseases in women," says Benet. Endometriosis is a disease where the women's endometrial tissue begins to grow outside the uterus. It causes a great deal of pain and even infertility. While the cause is unclear, it is understood to be hormonally related.

Uterine fibroids, which are benign tumors in the pelvic region, represent the most frequent reasons for surgery in premenopausal women, including hysterectomies. Limited data show that high-dose antiprogestin treatments have helped shrink these tumors.

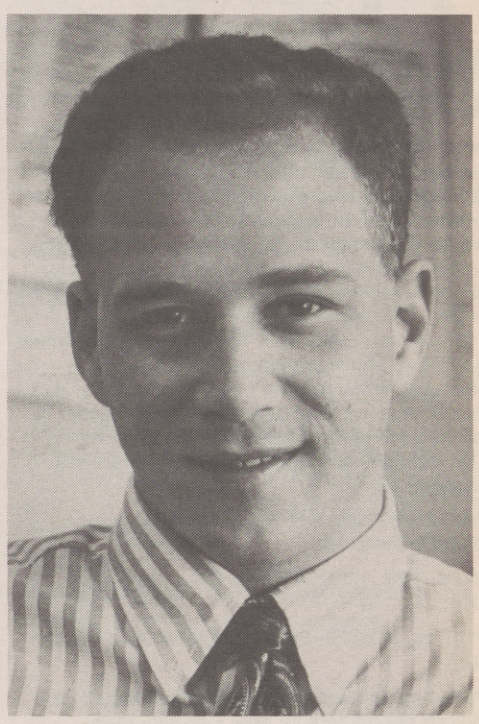
Studies also have suggested that antiprogestins might be used to prepare the cervix for childbirth by helping to induce uterine contractions.

"Breast cancer also is a very big area," says Benet. "The data for this, however, is very uneven now. But, it is worth more study. The book recommends the kinds of studies to be carried out."

Benet is clearly gratified at the opportunity to have helped bring forth to the public and medical community the immediate health benefits of RU 486, and equally excited about the potential prospects of the drug.



Benet



Creinin

Two drugs already approved in the US appear safe, effective for early abortions

In a small but potentially significant study at SFGH, two FDA-approved and inexpensive drugs used together have been shown to be safe and effective in causing abortions in early pregnancy.

The study by Mitchell D. Creinin, assistant professor of ob/gyn and reproductive sciences at SFGH, tested the drugs methotrexate and misoprostol in 10 women who were less than eight weeks pregnant and who requested abortions. These drugs, although not used for abortions previously, when used in combination work in a similar manner to the controversial French drug RU 486. The study is scheduled to appear in the October 1993 issue of C*ontraception.*

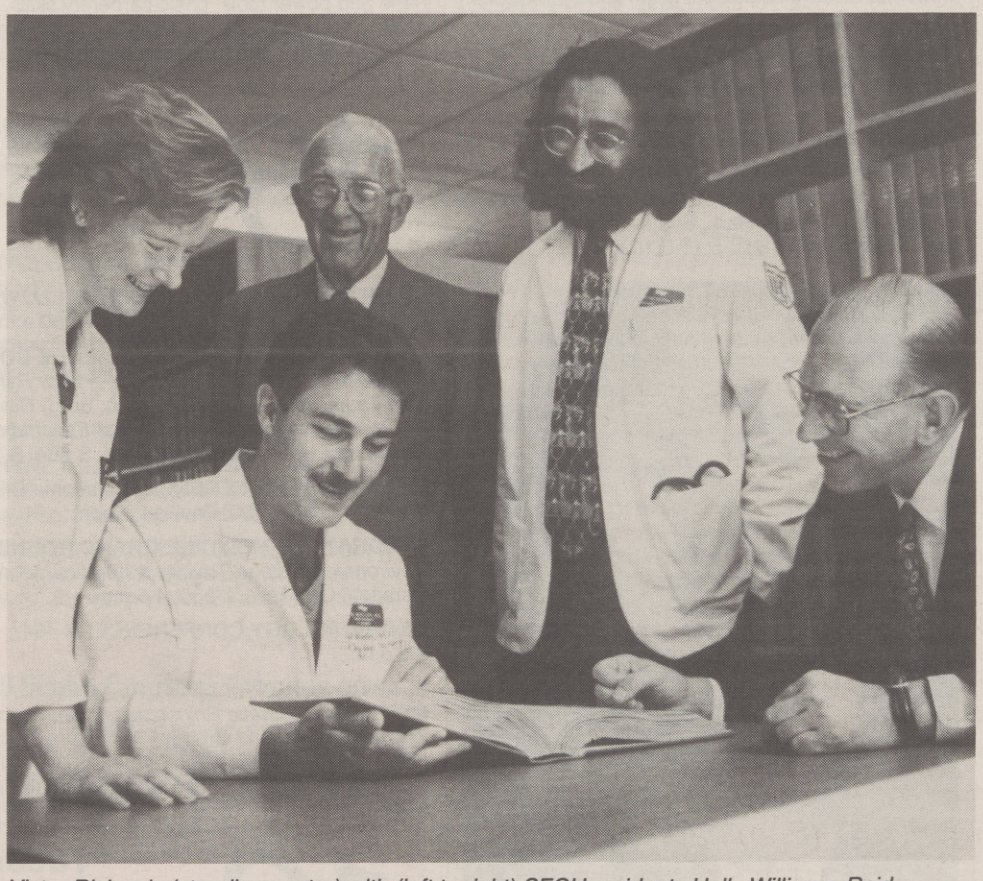
The drug methotrexate is approved in the US for treating molar (cancerous) pregnancies, breast cancer, leukemia, rheumatoid arthritis and psoriasis. Misoprostol is approved for preventing gastritis and ulcers in patients using aspirin-like drugs for arthritis, says Creinin.

"Even though this is a small study, it has a big impact," says Creinin. "While using these drugs should remain under investigation until we have more data from ongoing studies, the treatment worked in all of the women who received the misoprostol vaginally."

Creinin adds that the primary benefit of the drugs is that they both are already approved for use in this country and are safe. "They also are cheap. Methotrexate costs less than $4 per dose. Misoprostol is less than $2," he says. In comparison, the potential cost of RU 486 in the US may be more than $200 for the same treatment if it were available in this country.

The women in the study had few side effects from the drugs, Creinin says. Two of the participants had some nausea and one had diarrhea. Three had some abdominal cramping on the day they received misoprostol. One patient continued to have mild cramping for 13 days. All of the abdominal discomfort was easily relieved by taking ibuprofen.

Creinin, along with co-author of the study Philip D. Darney, again cautions, "Although the study results make methotrexate and misoprostol treatment for abortion presently attractive, the use of this regimen still is under investigation."



Victor Richards (standing center) with (left to right) SFGH residents Holly Williams, Reid Mueller, Prithvi Legha and surgeon William Schecter

Richards donates a wealth of knowledge

As a tribute to surgeon William Schecter, acting chief of surgery at SFGH, Victor Richards has donated his entire personal surgery library to the residents and students at SFGH. The collection consists of several hundred books which span the spectrum from classical surgical text to most of the modern atlases. Also included are books on the history of science as well as medical ethical issues facing physicians. "Dr. Schechter was one of the residents I had the great privilege of educating," says Richards, clinical professor emeritus of surgery. "And he will continue to teach at UC for the next generation." Both the surgical residents and students are constantly using the books. "Many times you find books just sitting there. Certainly not in this case," says Schecter. On September 29 Richards addressed the Department of Surgery on the history of surgery at SFGH. A luncheon followed to recognize both the lecturer and the donation.

Regents endorse Prop 172

The UC Regents have endorsed Proposition 172, which would extend a half-cent increase in the state sales tax to fund local police, fire and other public safety services. While the measure does not specifically mention California colleges and universities, the Regents voted to endorse the proposition because of potential damage to UC if the measure fails to pass in November's election. A staff report to the Regents indicated the failure of Prop 172 could have immediate negative consequences for UC.

William Baker, UC vice president of university and external relations, told the Regents that the proposition's failure would affect the University in two major ways — by reducing overall state revenues, and by cutting local support for UC programs in health care, agriculture and public safety. "If Proposition 172 isn't approved, local governments will lose more than $714 million this fiscal year alone," Baker said. "If it fails, unprotected state programs such as higher education would be extremely vulnerable to possible mid-year cuts to offset the loss to local government."

In addition to potentially reducing UC's overall state funding, the failure of Prop 172 also would have an impact on many of UC's services which are funded jointly by UC, counties and other agencies.

According to the UC report, the University's teaching hospitals would be affected as counties become unable to reimburse UC for medical care provided to poor patients. Reduced county health services would shift more patients to already overloaded UC hospitals. Counties also would likely reduce preventive health services, such as free immunizations, which would generate additional hospital caseloads.

Since many of UC's teaching programs for doctors are located in county hospitals including SFGH, resulting cuts in county funding would have a severe impact on clinical training and medical research programs. Virtually all of UC's family practice and other primary care residencies also are located in county-operated facilities.

Last May, the state faced a budget shortfall of $8 billion. The Legislature took several steps to close the gap, including shifting $2.6 billion in property taxes from local government to K-14 schools. To reduce the impact of the tax shift on local governments, the Legislature and Governor Wilson agreed to maintain the existing 6 percent sales tax through the first of next year, and to earmark the proceeds of the tax to local public safety services.

Prop 172 gives voters the opportunity to decide if they wish to continue the existing 6 percent sales tax to maintain public safety funding.

Donations to UC hit all-time high

Private gifts to UC in 1992-93 reached a record high of $472 million thanks to major increases at several campuses and an unusually large bequest of $10.2 million to the Division of Agriculture & Natural Resources.

The total amount is almost 10 percent greater than the $430 million in private gifts the year before. It surpasses the previous annual high of $436 million given in 1989-90 — a record year because of special fundraising campaigns and a good state economy.

Private support provides about 5 percent of UC's total funding (30 percent for UCSF) and is used for a variety of programs — financial aid, campus improvements, research, educational, and public service programs and other student and faculty activities.

Within the nine-campus system, UCSF was second only to UC Berkeley in the total amount donated. Donations to our campus totaled $100,600,000 as compared to $76,000,000 for 1991-92. UC Berkeley's total was $119,000,000 up from $108,000,000.

Today/Tomorrow

9 Saturday

SHAKESPEARE FORUM

The UC Shakespeare Forum and the UCSF History of Health Sciences Dept. co-sponsor this conference exploring medical themes in Shakespeare's work, with a special focus on *Hamlet.* Millberry Conf. Cntr. 9-4 p.m. Call 476-2766.

11 Monday

BREAST CANCER SCREENING SCHEDULE

Women can have low-cost mammograms — X-rays to screen for breast cancer — from a mobile van that travels to convenient locations in the Bay Area.

Women need the approval of their physician to have the mammogram, in addition to their doctor's full name, address (including room number & zip) and phone number to assure that results are mailed promptly. The procedure takes approximately 20 minutes and costs $60. To make an appointment call 476-2193 between 9 a.m. & 3 p.m.

Because the service has become so popular and appointments are filled by the time this calendar is published, we list only dates when the van will be at UCSF locations and when appointments are still available:

- Mon.-Tues., Nov. 8-9: UCSF/Laurel Heights, 3333 California St.
- Thurs., Nov. 11: UCSF/Daly City, 333 Gellert Blvd.
- Fri., Dec. 3: UCSF/Parnassus at Medical Center Way.

A mammogram also is available at the Mount Zion radiology department for $60. Call 885-7465.

CRI/HEMATOLOGY-ONCOLOGY FELLOWS DIDACTIC COURSE. M 1296. 7:45-8:30 a.m.

OTOLARYNGOLOGY BASIC SCIENCE COURSE: *Recurrent Carcinomas of the Oral Cavity.* Barry Wenig, Head & Neck Surg., U Illinois. *Case Presentations from Mount Zion Hospital.* Joseph Chang, Oto. S 664. 8-10 a.m.

MELANOMA CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. Noon.

ENDOUROLOGY SEMINAR. M 464. 5-6 p.m.

12 Tuesday

PLASTIC SURGERY GRAND ROUNDS: *Rhinoplasty.* Usha Rajagopal, Plast. Surg. Rm. 200 1A-122, VAMC. 7 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call Mary Williams at 476-1421.

ORAL & MAXILLOFACIAL SURGERY GRAND ROUNDS: *Recent Advances in Maxillofacial Imaging.* William Dillon, Rad. & Neuro. C 701. 8 a.m.

NEW EMPLOYEE ORIENTATION: S 214. 8:30-10:30 a.m. Call 476-1073 to schedule.

SFGH PEDIATRIC GRAND ROUNDS: *Assessing the At-Risk Adolescent.* Charles Wibblesman, Adol. Med., Kaiser. Carr Aud., SFGH. 8:30-9:30 a.m.

MOUNT ZION VOLUNTEER ORIENTATION: Program to acquaint prospective volunteers with opportunities available in the UCSF/Mount Zion Medical Cntr. Herbst Hall, MZ. 9-11:30 a.m. Call 885-7353.*

OB/GYN GRAND ROUNDS: *Stem Cell Transplantation* in utero *to Correct Genetic Defects.* Mitchell S. Globus, Ob/Gyn & Repro. Sci. & Ped. S 1364. 9-10 a.m.

THE NEXT DEADLINE

Tuesday, October 12, 1993, is the deadline for items to be listed in the next calendar, which covers **Oct. 23-Nov. 5, 1993 (two weeks).** Complete information must be received in our office in writing by 11 a.m. on that Tuesday. Mail your copy to Michele Firpo at Box 0462, call 476-3257, send a fax to 476-3541, or bring it to Suite 103, UCSF/Laurel Heights, 3333 California St.

SFGH MEDICINE GRAND ROUNDS. Carr Aud., SFGH. 11:30 a.m.

PROFESSIONAL RESEARCH ORGANIZATION FOR STAFF LUNCHTIME SEMINAR: *Biochemical Properties of DNA Polymerases Used in the PCR.* Mitchell Kennedy, Perkin-Elmer Corp. Free for PROS members, $2 donation non-members. Toland Hall. Noon-1:30 p.m. Call Elisabeth Zurlinden at 476-5111.

LIFE SPAN & AGING ISSUES IN CLINICAL PRACTICE SERIES: *Cultural Diversity & Health Benefits.* Panel discussion. S 664. 12:10-1 p.m.

EPIDEMIOLOGY & BIOSTATISTICS SEMINAR: *Adverse Reproduction Health Outcomes in Female Semiconductor Workers.* Ellen Gold, Occ. & Env. Hlth., UCD. MU 427W. 4-5 p.m.

SEP KICKOFF

UCSF's Science & Health Education Partnership (SEP) hosts its Seventh Annual Kickoff, where UCSF campus members are invited to explore the possibilities for interaction and collaboration with San Francisco public school teachers and students. Millberry Conf. Cntr. 4-6 p.m. Call 476-0338 or 476-0337. (See story on page 6.)

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

13 Wednesday

SPINE CONFERENCE ROUNDS. C 417. 7-8:30 a.m.

SURGERY GRAND ROUNDS. Toland Hall. 7-8 a.m.

SFGH ORTHOPAEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

HEMATOLOGY CLINICAL CONFERENCE. M 1296. 7:30-8:30 a.m.

DERMATOLOGY STAFF CONFERENCE: *New Approaches to Infant Skin Care.* Al Lane, Derm., Stanford. HSW 301. 8-9 a.m.

GASTROENTEROLOGY FELLOWS SUMMER COURSE: *Irritable Bowel Syndrome.* Martin Brotman, GI. S 214. 8-9 a.m.

RENAL GRAND ROUNDS. L 1361. 8-9 a.m.

ENDOCRINE GRAND ROUNDS: *An Update on Implications of Phasic Insulin Secretion.* Gerald M. Grodsky, Biochem. & Biophys. & MRU. LPPI Aud. 8:30 a.m.

GASTROENTEROLOGY GRAND ROUNDS: *Unknown Case.* David J. Kearney, GI. S 214. 9-10 a.m.

BROWN BAG LECTURE SERIES: *How Not to Be a Victim.* Tamera White, Rape Prev. Educ. Prog. Learn to protect yourself in threatening situations. Sponsored by Campus Tours/Speakers Bureau. HSW 300. Noon. Call 476-4394.*

PSYCHIATRY GRAND ROUNDS: *Group Studies of Grief Reactions: Implications for Psychotherapists.* Panel discussion at this second in a two-part series on research from the Center for the Study of Neuroses and the MacArthur Program on Conscious & Unconscious Mental Processes. LPPI Aud. 1-2 p.m.

HEAD & NECK TUMOR CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. 1:30 p.m.

PROGRAM IN CONSCIOUS & UNCONSCIOUS MENTAL PROCESSES CLINICAL RESEARCH SEMINAR. LPPI Aud. 2-3 p.m.

HEALTH NET WELLNESS LECTURE

Linking the Public into the Emergency Public Health Care System: A University-Community Partnership. Odelia Braun, Cntr. Prehosp. Res. & Training. Toland Hall. 3-5 p.m.*

ONCOLOGY CLINICAL CONFERENCE: *Dominant Negative DNA Binding Proteins: Translational Applications in Cancer.* Powell Brown, Natl. Cancer Inst. M 1296. 4 p.m.

TRANSFUSION MEDICINE CORE CURRICULUM LECTURE: *Infectious Risks of Blood Transfusion.* Edward Murphy, Lab. Med., Med. & Epid. & Biostat. L 535. 4-5 p.m.

PATHOLOGY GRAND ROUNDS: Residents' Meeting. HSW 508. 5-6:30 p.m.

MUSIC IN THE LIBRARY

Arts & Performances presents this celebration of French music, including works by Milhaud, Ravel, Satie, Duparc and Poulenc. $3/$4/$5. Lange Reading Rm., UCSF Library. 5:30 p.m. Preceded by wine & cheese reception. Call 476-6761.*

PEDIATRIC UROLOGY CONFERENCE: *Evaluation & Treatment of the Adolescent Varicocele.* Evan J. Kass, Ped. Uro., William Beaumont Hosp., Royal Oak, MI. M 464. 6-7 p.m.

OPEN MIKE COMEDY COMPETITION

Women Welcome Women & Men with Comedy. Women's Resource Center sponsors this night of fun featuring Karen Ripley, Tom Ammiano & Susie Burger & an open mike comedy competition. $5. Millberry Gym. 7-9 p.m Call 476-5836 to compete & for more information.*

14 Thursday

ORTHOPAEDIC SURGERY STAFF CONFERENCE. HSW 303. 7-8 a.m.

MEDICINE GRAND ROUNDS: *Demyelinating Diseases & the Immune Response to Myelin Basic Protein.* Stephen L. Hauser, Neuro. Toland Hall. 8-9 a.m.

PEDIATRICS GRAND ROUNDS: *Retinoblastoma: Clinical Presentation & Research Directions.* Joan O'Brien, Oph. & Ocular Onc. S 664. 8-9 a.m.

NUCLEAR MEDICINE GRAND ROUNDS: *Current Trends of Thyroid Cancer Treatment.* Francis S. Greenspan, Med. & Rad. LPPI Aud. 8:30 a.m.

OPHTHALMOLOGY GRAND ROUNDS: *Sub-Macular Surgery.* Hilel Lewis, Oph., Cleveland Clin. Fndtn. Preceded by case presentations: *Oncology/Thyroid.* S 214. 8:30-10 a.m.

DISASTER DRILL

Medical Center disaster drill scheduled to take place. 9-11 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

NEUROLOGY/NEUROSCIENCE SEMINAR: *On Building an Eye: Pattern Formation & Morphogenesis in the Drosophila Retina.* Ulrike Heberlein, Genet., Gallo Cntr. & UCB. S 214. Noon.

WOMEN'S RESOURCE CENTER PRESENTATION: *Are You Ready to Start Your Own Business?* Jani Hillman, WISE, discusses self-employment, the importance of business planning & much more. Toland Hall. Noon-1 p.m. Call 476-5222.*

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

NEURORADIOLOGY GRAND ROUNDS. HSW 303. 4 p.m.

NEUROSCIENCE SEMINAR: *Neural Mechanisms for the Perception of Motion Transparency & Motion Patterns.* Richard Andersen, Brain & Cognitive Sci., MIT. HSW 300. 4 p.m.

PRIMARY CARE GRAND ROUNDS: *Update on Ovarian Cancer.* C. Bethan Powell, Ob/Gyn & Repro. Sci. A 455. 4:30 p.m.

NEUROSURGERY GRAND ROUNDS. HSW 302. 5-6:30 p.m.

RADIOLOGY GRAND ROUNDS: *Imaging of the Larynx.* Hugh Curtin, Rad., Eye & Ear Inst., U Pittsburgh. HSW 301. 5:15-6:15 p.m.

THE COURAGE TO HEAL

Ellen Bass, co-author with Laura Davis of the best selling book *The Courage to Heal: A Guide for Women Survivors of Child Sexual Abuse,* will explore the uses of writing, drawing & other forms of creativity in healing. A fundraiser for the UCSF Rape Prevention Education Program & Survivors Healing Center, Santa Cruz. $15-$20. Cole Hall. 7-9 p.m. Call 476-5222.*

*Open to the public.

15 Friday

CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB. M 1296. 7:30-8:45 a.m.

MOUNT ZION MEDICINE GRAND ROUNDS. Herbst Hall, MZ. 8:30-9:30 a.m.

CHILD & ADOLESCENT PSYCHIATRY: *Clinical Needs of Pre-Natally Drug Exposed Infants & Toddlers: Cognitive & Behavioral Indicators.* Delmont Morrison, Psychr., Child & Adol. Psychr. LPPI Aud. 10:30 a.m.-noon.

PHARMACEUTICAL CHEMISTRY 221 SEMINAR: *Fusion Mechanism of the Influenza Hemagglutinin: Inhibitor Design.* Judith White, Pharmacol. S 1364. 11 a.m.

FOR THOSE SEEKING FINANCIAL INDEPENDENCE

Financial planner Barbara Steinmetz helps women plan for retirement in this two-part workshop sponsored by Women's Resource Center & ABOG. $6 at door, $10 for both workshops. Toland Hall. Noon. Call 550-6111 to pre-register & for more information.*

- Fri., Oct. 15: *Retirement: Dream or Reality?* Identify & clarify your needs, goals, time horizons & sources of retirement funds.
- Fri., Nov. 5: *So This Is Retirement?* An overview of post-retirement issues such as conservatorships, guardianships, entitlement programs, the psychology of retirement, medigap insurance & elder care for parents.

INSTITUTE OF HEALING ARTS & SCIENCES LECTURE: *Natural Eyesight Improvement.* Thomas Quakenbush, Natural Vision Cntr. S 1364. Noon-1 p.m. Call 584-4416.*

SFGH PROGRAM IN CELLULAR & MOLECULAR MEDICINE SEMINAR: *RACKs — Receptors for Activated C-Kinase.* Daria Mochly-Rosen, Mol. Pharmacol., Stanford. Rm. 3208, 2nd fl., Bldg. 30, SFGH. Noon.

16 Saturday

BASIC CARPENTRY

Women Empowering Women tradeswomen teach this hands-on workshop on the names and uses of hand and power tools, basic carpentry skills, and safety. Sponsored by Women's Resource Cntr. $45-$60. N 517. 9 a.m.-4 p.m. Call 476-5222 to pre-register.*

18 Monday

CRI/HEMATOLOGY-ONCOLOGY FELLOWS DIDACTIC COURSE. M 1296. 7:45-8:30 a.m.

OTOLARYNGOLOGY BASIC SCIENCE COURSE: *Carotid Thromboendarterectomy — New Randomized Trials.* Jerry Goldstone, Vasc. Surg. *New Approaches to the Management of Esophageal Carcinoma.* John Cello, GI, SFGH. S 664. 8-10 a.m.

MELANOMA CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. Noon.

LABORATORY MEDICINE GRAND ROUNDS: *Environmental Lead Toxicity & Kinetics.* John Osterloh, Lab. Med. L 535. 4-5 p.m.

URORADIOLOGY CONFERENCE. M 464. 5-6 p.m.

PLASTIC SURGERY LECTURE/DINNER MEETING: *Aesthetic Rhinoplasty: Update on Techniques.* Ronald Gruber, Plast. Surg., Providence Hosp., Oakland. Fac. Alum. House. Dinner 6 p.m. Lecture 7 p.m. For reservations call 476-3601.*

19 Tuesday

SIXTH NATIONAL AIDS UPDATE CONFERENCE

Get the most up-to-date information on the treatment of AIDS. Co-sponsored by regional & national health care providers, including the AIDS Health Project. Call 255-1294 for more information.

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COMBINED PLASTIC SURGERY/ORTHOPAEDIC HAND SURGERY GRAND ROUNDS: *Thumb Reconstruction.* Stephen J. Mathes, Plast. & Reconst. Surg. Toland Hall. 7 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call Mary Williams at 476-1421.

CAMPUS BLOOD DRIVE

Come donate blood & be eligible for a variety of prizes. Students from the Schools of Dentistry and Pharmacy compete for cash prizes for most blood donated. Remember to bring personal ID.

• MU Conf. Cntr. 8 a.m.-7 p.m.

You don't have to wait for a blood drive to give blood. You may donate any weekday, 10 a.m.-8 p.m., or Saturday, 10 a.m.-3 p.m., at UCSF's Blood Donor Center, L 131. For information & appointments call 476-6989.*

ORAL & MAXILLOFACIAL SURGERY CONFERENCE: *The History of Penicillin.* Guenter Risse, Hist. & Philosophy of Hlth. Sci. C 701. 8 a.m.

SFGH PEDIATRIC GRAND ROUNDS: *Pediatric Trauma.* Peggy Knudsen, Surg., SFGH. Carr Aud., SFGH. 8:30-9:30 a.m.

MEDICAL CENTER VOLUNTEER ORIENTATION: Program to acquaint prospective volunteers with opportunities available in the UCSF Medical Cntr. LPPI Aud. 9 a.m.-noon. Call 476-1196.*

OB/GYN GRAND ROUNDS. S 1364. 9-10 a.m.

SFGH MEDICINE GRAND ROUNDS: Carr Aud., SFGH. 11:30 a.m.

MOUNT ZION BROWN BAG LECTURE SERIES: *Cancer: Where's The Cure?* I. Craig Henderson, Med. & Cancer Cntr., MZ. Sponsored by Campus Tours/Speakers Bureau. Herbst Hall, MZ. Noon. Call 476-4394 for information.*

LIFE SPAN & AGING ISSUES IN CLINICAL PRACTICE SERIES: *Access to Health Care.* Panel discussion. S 664. 12:10-1 p.m.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

LIVER CENTER SEMINAR: *Transmission of Hepatitis C by Organ Donors.* Brian Pereira, New England Med. Cntr., Boston. HSW 303. 5-6 p.m.

TOXIC SUBSTANCES SEMINAR SERIES: *Mechanisms of Lung Injury Induced by Air Pollutants.* Peter Moldeus, Stockholm. 22 Warren Hall, UCB. 5-7 p.m.

20 Wednesday

SPINE CONFERENCE ROUNDS. HSW 302. 7-8 a.m.

SURGERY GRAND ROUNDS: *New Insight Into Post-Operative Infections & Post-Shock Syndromes.* Thomas K. Hunt, Surg. Toland Hall. 7-8 p.m.

SFGH ORTHOPAEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

HEMATOLOGY CLINICAL CONFERENCE. M 1296. 7:30-8:30 a.m.

DERMATOLOGY STAFF CONFERENCE: *Development of Vaccines Against Contact Dermatitis.* Vera Byers, Derm. HSW 301. 8-9 a.m.

GASTROENTEROLOGY FELLOWS SUMMER COURSE: *Evaluation of Esophageal Disease.* Mary F. Chan, GI. S 214. 8-9 a.m.

RENAL GRAND ROUNDS. L 1361. 8-9 a.m.

ENDOCRINE GRAND ROUNDS: *Emerging Importance of IGF in Medicine.* Martin Spencer, Med., Cal-Pac. Med. Cntr. LPPI Aud. 8:30 a.m.

GASTROENTEROLOGY GRAND ROUNDS: *Immune Tolerance & Strategies for Transplant Acceptance.* James C. Ryan, GI. S 214. 9-10 a.m.

PHARMACY WEEK

The UCSF School of Pharmacy hosts several events to commemorate National Pharmacy Week and California Pharmacy Week. Co-hosted by Academy of Students of Pharmacy & the Associated Students of the School of Pharmacy at UCSF. Call 476-2732.*

- Mon., Oct. 18: Opening ceremony featuring talks, carnival-style lunch, a real soda fountain & turn-of-the-century pharmacy tools. Millberry Union. Noon-2 p.m.
- Wed., Oct. 20: Pharmacy Information Day. Those interested in pharmacy careers will explore many pharmacy practices, including hospital pharmacy, managed care, chain drug stores & independent pharmacies. Millberry Union. Noon-2 p.m.
- Fri., Oct. 22: Kid's Day. Children throughout the Bay Area are invited to attend for two hours of fun with presentations, a soda fountain, snacks and people in costume. Millberry Union. 11 a.m.-1 p.m.

PROFESSIONAL RESEARCH ORGANIZATION FOR STAFF CONFERENCE: *Non-Radioactive Alternatives.* Two three-hour workshops presented by speakers from Promega Corp. Toland Hall. 9:30 a.m.-12:30 p.m. and 1:30-4:30 p.m. Call 800-356-9526, x2639 or 800-955-6666, x8279.

BROWN BAG LECTURE SERIES: *The Truth About Athlete's Knee.* Scott F. Dye, Orthopaed. Surg. & Sports Injury Clinic. HSW 300. Noon. Call 476-4394.*

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *Nerve Compression Syndrome in the Upper Extremities.* Gordon Brody, Stanford. Cafe Conf. Rm., 2nd fl., Santa Clara Valley Med. Cntr. Noon-1 p.m.

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *Health Effects of Environmental Tobacco Smoke.* Dennis Shusterman, Cal/EPA. Conf. Rm. 3, Alta Bates Med. Cntr. Noon-1 p.m.

PSYCHIATRY GRAND ROUNDS: *DSM-III & the Transformation of American Psychiatry: A History.* Mitchell D. Wilson, Psychr. LPPI Aud. 1-2 p.m.

HEAD & NECK TUMOR CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. 1:30 p.m.

PROGRAM IN CONSCIOUS & UNCONSCIOUS MENTAL PROCESSES CLINICAL RESEARCH SEMINAR: *Personality & Conjugal Bereavement.* George Bonanno, Psychr. LPPI Aud. 2-3 p.m.

DEPARTMENT OF NURSING CULTURAL DIVERSITY ENHANCEMENT COMMITTEE MEETING: Open to all Medical Center & campus members. M 169. 3 p.m. Call Diane Ayers at 476-5621.

ONCOLOGY CLINICAL CONFERENCE. M 1296. 4 p.m.

TRANSFUSION MEDICINE CORE CURRICULUM LECTURE: *RBC Blood Groups & Antibodies.* Pearl Toy, Lab. Med. & Blood Bank, MZ. L 535. 4-5 p.m.

PATHOLOGY GRAND ROUNDS: *Ultrastructural Pathology.* Noel Weidner, Path. & Surg. Path., MZ. HSW 508. 5-6:30 p.m.

UROLOGIC PHYSIOPATHOLOGY CONFERENCE. M 464. 5-6 p.m.

LIVING WITH HIV PUBLIC FORUM: *Couples & HIV.* Panel discussion. Sponsored by UCSF AIDS Hlth. Proj. Rm. 125, UCSF-Mission Cntr. 7-9 p.m. Call 476-3902 for information.*

21 Thursday

MOUNT ZION AUXILIARY LEATHER SALE

Help the Auxiliary at Mount Zion raise money for nursing scholarships and excellence awards by buying leather goods, including leather jackets, purses, wallets and more. Gift Shop Hosp. Lobby, MZ. 7 a.m.-4 p.m. Call 885-7354.*

ORTHOPAEDIC SURGERY STAFF CONFERENCE. HSW 303. 7-8 a.m.

MEDICINE GRAND ROUNDS: *Update on Viral Hepatitis.* Richard Weisiger, Med. & Liver Cntr. Toland Hall. 8-9 a.m.

PEDIATRIC GRAND ROUNDS: *Fever in Infants: What's Hot, What's Not.* Robert Pantell, Ped. S 664. 8-9 a.m.

NUCLEAR MEDICINE GRAND ROUNDS: *Parathyroid Adenoma Imaging in Redoparathyroidectomy.* Walter Kwan, Nuc. Med. LPPI Aud. 8:30 a.m.

OPHTHALMOLOGY GRAND ROUNDS: *The Next 25 Years of Vision Research.* Carl Kupfer, Natl. Eye Inst. & Transamerica Visiting Professor. Preceded by case presentations: *Neuro-ophthalmology.* S 214. 8:30-10 a.m.

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *Occupational Health in Cuba.* Antonio Granda Ibarra, Prev. Med., Havana U. M 989. 9-10 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

GERIATRIC NOON CONFERENCE: *Medical Management of the Alzheimer's Patient.* Murray Raskin, Psychr. & Behav. Sci., U Washington, Seattle. Herbst Hall, MZ. Noon-1 p.m.

MISSION CENTER BROWN BAG SERIES: *Role of Estrogen in Women's Health.* Janis Luft, Ob/Gyn. Rm. 125, MCB. Sponsored by Campus Tours/Speakers Bureau. Noon-1 p.m. Call 476-4394.*

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

NEURORADIOLOGY GRAND ROUNDS. HSW 303. 4 p.m.

ONGOING SUPPORT GROUPS

MONDAY

FRIENDS OF LOIS AL-ANON MEETING: Closed meeting: for friends & families of alcoholics only. Conf. Rm. B, 3rd fl., MCB. Noon.*

UCSF AIDS HEALTH PROJECT MEDITATION & SELF-HYPNOSIS WORKSHOP: Weekly discussion group for anyone dealing with HIV or AIDS in themselves or others. Gazebo Rm., Davies Med. Cntr. 7-9 p.m. Call 476-3902.*

TUESDAY

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 15 & over. A 222, LPPI. 10 a.m.-noon. Help-line at 759-7923 provided daily, 7 a.m.-10 p.m.*

OVEREATERS ANONYMOUS MEETING: Regular OA discussion meeting. N 717B. Noon.*

PARKINSON'S DISEASE EDUCATION & SUPPORT GROUP: For people with Parkinson's & their caregivers. Third Tues. of the month (except August). Christ Church, Lutheran, 1090 Quintara (at 20th Ave.). 2-4 p.m. Call 476-9276.*

LUPUS SUPPORT GROUP: Second Tues. of the month. C 127, MZ. 7-9 p.m. Call 773-9356.*

WEDNESDAY

PARNASSUS AL-ANON MEETING: For friends & families of alcoholics. Observers welcome. C 517. Noon-1 p.m.*

LATIN WOMEN COALITION: For Latina faculty, staff & students. Noon-1 p.m. Call Betty Jerez at 476-7117 for meeting places & dates.*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. Conf. Rm. B, 3rd fl., MCB. 12:05 p.m.*

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 15 & over. Two locations & times: A 222, LPPI, 1-3 p.m., and N 517, 7-10 p.m. Help-line also provided daily, 7 a.m.-10 p.m. at 759-7923.*

DIRECTIONS: A support/education group for newly diagnosed breast cancer patients. 4th fl. lounge, 2356 Sutter, UCSF/Mount Zion. 5-6:15 p.m. Call 885-7529 or 476-5555.*

SUPPORT GROUP FOR WOMEN LIVING WITH LIFE-ALTERING ILLNESS: 6-8 p.m. Call 775-2854 to preregister & for meeting location.*

EATING DISORDERS SUPPORT GROUP: Open to anyone dealing with an eating disorder in themselves or others. First & third Wednesday of each month. M 688. 7-8:30 p.m. Call 332-3425.*

"AT THE HEART OF IT" CARDIAC SUPPORT GROUP: For heart patients experiencing fear, anxiety, confusion & stress. A six-week series. Call Kathleen Congdon at 885-7227.*

SUPPORT GROUP FOR FAMILY/FRIENDS OF THOSE WITH MENTAL ILLNESS: Open to anyone interested in learning more about psychiatric disorders & their treaments. Call Laura Deering-Mayclin at 476-7394 for more information.*

THURSDAY

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. LPPI A222. 6 p.m.*

FRIDAY

CIRCLE OF SISTERS: Networking forum for black women working & studying at UCSF. L 535. Most Fridays. Call 476-5836.

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. C 417. 12:10-1 p.m.*

LAKESIDE SENIOR MEDICAL CENTER CAREGIVER SUPPORT GROUP: Meets on the first Friday of each month. $10 per meeting. 2501 Ocean Ave. at Junipero Serra. 2-4 p.m. Call Edith Kaplan at 986-2305.*

VARIABLE

JEWISH WOMEN'S DIALOGUE GROUPS: Call 546-6988 for meeting dates & locations.*

NEUROSCIENCE SEMINAR: *Molecular Aspects of the Coupling Between Charge Movement & Pore Opening in Cloned K & CA Channels.* Enrico Stefani, Mol. Physio. & Biophsy. & Neuro, Baylor. HSW 300. 4 p.m.

PATHOLOGY SEMINAR: *Disruption of Genomic Integrity & Cell Cycle Control in Neoplastic Cells.* Thea D. Tlsty, Med. & Lineberger Comprehensive Cancer Cntr., U North Carolina, Chapel Hill. S 214. 4 p.m.

PRIMARY CARE GRAND ROUNDS: *Prostatitis & Prostatitis-Like Syndromes.* Joseph Presti, Jr., Uro. A 455. 4:30 p.m.

NEUROSURGERY GRAND ROUNDS. HSW 302. 5-6:30 p.m.

MEDICAL CENTER VOLUNTEER ORIENTATION: Program to acquaint prospective volunteers with opportunities available in the UCSF Medical Cntr. LPPI Aud. 5:30-8:30 p.m. Call 476-1196.*

WEIGHT MANAGEMENT PROGRAMS INFORMATIONAL MEETING: Review of weight management program options available at UCSF. A 413. 7-7:45 p.m. Call 476-9987.*

HELPING AT-RISK YOUTH

Youth at Risk: A Community Forum. Judie Messier & Michael Steinback, Public Action Forum, lead this discussion about the many problems facing parents and their children in an increasingly violent society and what can be done about it. Sponsored by Women's Resource Cntr. Toland Hall. 7-9 p.m. Call 476-5222.*

22 Friday

ORTHOPAEDIC PEDIATRIC CONFERENCE. U 471. 7-8 a.m.

CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB. M 1296. 7:30-8:45 a.m.

MOUNT ZION MEDICINE GRAND ROUNDS. Herbst Hall, MZ. 8:30-9:30 a.m.

CHILD & ADOLESCENT PSYCHIATRY: *Child Abuse & Neglect Revisited.* Shirley A. Reece, Psychr. LPPI Aud. 10:30 a.m.-noon.

PHARMACEUTICAL CHEMISTRY 221 SEMINAR: *Effects of Mechanical Strain on Growth & Gene Expression in Vascular Smooth Muscle.* Harlan Ives, Med., Pharmacol. & Neph. S 1364. 11 a.m.

INSTITUTE OF HEALING ARTS & SCIENCES LECTURE: *Waiting for the Physician . . . Or Someone Like Him.* Flash Gordon, Hearing Educ. & Awareness for Rockers & the Well, discusses the role of physician as activist. S 1364. Noon-1 p.m. Call 584-4416.*

SFGH PROGRAM IN CELLULAR & MOLECULAR MEDICINE SEMINAR: *Cell Biology & Regulation of GnRH Neurons.* Richard I. Weiner, Ob/Gyn & Physio. Rm. 3208, 2nd fl., Bldg. 30, SFGH. Noon.

LEADERSHIP WORKSHOP

The Challenge of Leadership for Women. Joanne Martin Braun, psychotherapist & consultant, helps women explore the obstacles preventing them from assuming leadership roles in this two-session workshop sponsored by Women's Resource Cntr. $75. Women's Resource Cntr., 100 Medical Cntr. Way. Fri., Oct. 22: 7-9 p.m. Sat., Oct. 23: 9 a.m.-4:30 p.m. Call 476-5222 to pre-register.*

CRIME PREVENTION

Presented by UCSF Police Department Crime Prevention Program. Call 476-5683 for information & reservations.

Crime Prevention Presentations. By appointment to campus departments & employees in the workplace.

Tear Gas Class. Department of Justice certified. Pre-registration required.*

RAPE PREVENTION

Classes, workshops & support groups sponsored by UCSF Rape Prevention Program. Call 476-5222 for more information.

Personal Safety, Rape & Assault Prevention Presentations. By appointment to campus departments & employees in the workplace.

Support Group for Sexual Assault Survivors. Twelve consecutive weekly sessions, 5:30-7 p.m. on a day to be arranged. $5-$25 sliding scale.*

CPR TRAINING

Basic CPR. A 3-4 hour course in basic cardiopulmonary resuscitation sponsored by the UCSF CPR Center. For information & registration call 476-1817.*

CPR Road Show. Traveling CPR instruction by volunteer instructors sponsored by the UCSF Center for Pre-Hospital Research & Training. For more information call Laura, 476-8502.*

HELP ELIMINATE SCHEDULING CONFLICTS

In order to help the campus avoid conflicts in scheduling important events, the News & Public Information Services Department has a computerized calendar. It is suggested that faculty, students & staff call 476-1541 when they are planning an event to make sure nothing has been scheduled for that date. Please note that in order to reserve campus conference rooms & auditoriums, it is still necessary to call Millberry Union at 476-2571, Room Reservations at 476-4436, Faculty/Alumni House at 476-4723, Laurel Heights at 476-8100 or the individual school or department.

Open Enrollment: Numerous health plan changes this year

As of this writing, the dates of this year's open enrollment period had not been established, but it will cover all or most of November, according to Judy Kell in the Benefits Office.

There will be some major changes in the health plans this year. As you may have heard, in several cases there will be rate changes.

Several things have been planned to help you prepare for the changes. During the next couple of weeks, the systemwide office will be sending to people's home addresses a newsletter outlining the changes.

Also, the Benefits Office has scheduled several open enrollment meetings where campus representatives will discuss plan and rate changes and open enrollment options, as well as answer questions.

Further, representatives from the medical, dental, legal and automobile/homeowners/renters insurance carriers will be present at two open houses planned for November.

Check this column next issue for more specifics about the changes in the plans, the open enrollment dates and more information on meeting locations. The general schedule is as follows:

Information meetings

- Tuesday, October 26, noon to 1:30 p.m., Toland Hall
- Wednesday, October 27, 2 to 3:30 p.m., Oyster Point
- Wednesday, November 3, noon to 1:30 p.m., Toland Hall
- Thursday, November 4, noon to 1:30 p.m., SFGH Carr Auditorium
- Friday, November 5, noon to 1 p.m., VAMC
- Tuesday, November 9, noon to 1:30 p.m., MCB 125
- Wednesday, November 10, noon to 1:30 p.m., Mount Zion
- Thursday, November 11, noon to 1:30 p.m., Toland Hall
- Tuesday, November 16, 8 to 9 a.m., Board Room, Mount Zion

Carrier Open Houses

- Wednesday, November 17, 10 a.m. to 3 p.m., MCB 124
- Thursday, November 18, 8:30 am. to 3 p.m., Faculty/Alumni House

Historic Regents meeting on TV

On Wednesday, October 13, for the first time ever, the UC Regents and the CSU Board of Trustees will hold a joint meeting *and* it will be televised.

The session, which will take place from 9 a.m. to 4:15 p.m. in the Assembly Chambers in Sacramento, will consist of presentations and discussion on the contributions of public higher education and the threat being posed by the funding problems. Governor Pete Wilson will convene the proceedings.

The historic meeting will be televised over the California Channel (a cable channel carried locally by Viacom) from 11 a.m. to 4 p.m. The televised segment will include a live call-in period from 12:45 to 1:30 p.m., when UC President Jack Peltason and CSU Chancellor Barry Munitz will answer questions from viewers. The number to call with questions is 1-800-851-1222.

For staff research associates: PROS

CRI's Amy Haskell sends word that PROS, the Professional Research Organization for Staff, is open for membership to staff research associates or specialists interested in learning new skills, exploring career development or getting together for conversation/information exchange with colleagues. PROS offers brown bag meetings and lunchtime seminars. Currently, PROS is offering a series of molecular biology seminars:

- Tuesday, October 12 — "Biochemical Properties of DNA Polymerases Used in the Polymerase Chain Reaction (PCR)"
- Tuesday, October 26 — "In situ PCR"

The workshops are free to members or available for a nominal donation for non-members.

On Wednesday, October 20, PROS is joining Fisher Scientific to present two half-day sessions on the Promega Corporation's latest non-radioactive technologies for sequencing, filter hybridization, labeling of in vitro transplantation products, and cell proliferation and cytotoxicity assays.

For further information on workshops and seminars, call Elizabeth Zurlinden at 476-5111. See *Today/Tomorrow* calendar for times, locations.

For membership information, call Yvonne De Souza, 476-2513.

New and junior faculty are invited

The Office of Academic Affairs has planned a program on Wednesday, November 3, to acquaint new and junior faculty with the campus, the responsibilities and activities of the Academic Senate, the availability of research funds and the faculty review process. Advanced graduate students and other interested academic appointees also are invited to attend.

The event, which will be moderated by faculty relations director Keith Wilson, will take place at the Faculty/Alumni House from 3 to 5 p.m. Please make reservations no later than Friday, October 22, by calling 476-1882.

Fun Zone

Cut up, dress up & eat 'em up, October 29

Yes, it's the eighth annual Halloween Carnival presented by EMPACT! and Millberry Programs & Services on Friday, October 29, from 11:30 to 1 :30 in the Millberry Gym.

There are three contests —for costumes, pumpkin pie-eating and pumpkin carving. You can enter all three and win a lot of prizes: Roundtrip airfare for two anywhere in the US (costume contest), pizza party for your department (carving contest) or dinner for two (pumpkin pie eating contest).

The event is sponsored by Qual-Med. Call 476-2675 for entry details.

More events:

- **Music in the Library. Wednes**day, October 13, 5:30 p.m. Lange Reading Room. A celebration of French music. Wine and cheese reception preceding the concert. Sponsored by Arts & Performances. $3/$4/$5. Call 476-6761 for more information.
- **Learn the two-step.** Friday, October 22. This is a new class in the Millberry fall line-up, offering instruction in a variety of country-western line dances: the Achy Breaky, two-step and others. $5. Register at the Millberry Fitness Desk (and ask about the other classes being offered this fall).
- **Self-defense class.** Saturday, October 16, 1 to 5 p.m. Learn proven self-defense techniques that are simple to execute but very effective. $39/$49/$59. Register at the Fitness Desk.
- **Ski cabin rentals.** Outdoors Unlimited has four cabins at Lake Tahoe for rental from December through April. These are modern homes that sleep 12 and have fully equipped kitchens. Both mid-week and weekend rentals. Cost varies. Sign-ups start October 13 (students), October 19 (MU members) and October 20 (UCSF staff). Call 476-2078.
- **Bicycle the Sonoma coast.** Saturday, October 30. Intermediate ride of about 40 miles over farmland, rolling hills, beaches and harbors with a lunch stop along the way. Sign-ups start October 19. Call 476-2078.

SEP Kickoff Oct. 12

UCSF's Science and Health Education Partnership (SEP) will host its Seventh Annual Kickoff on Tuesday, October 12, from 4 to 6 p.m. in the Millberry Conference center.

SEP is a partnership with the San Francisco Unified School District, in which members of the UCSF community work with SFUSD teachers and students toward creating a more exciting and inspiring science program.

All SFUSD teachers and members of the UCSF community are invited to attend and explore the possibilities for collaboration. Call 476-0337 for more information.

Meet & eat with women colleagues

The UCSF Women's Faculty Association will have a table (or tables) reserved at the Faculty Club every Thursday at 12:30 p.m. for a no-host luncheon. All women faculty are invited to come, bring a female friend and get acquainted with your colleagues. For more information, call Janice Schwartz, 476-1326.

Volunteers needed for motorcyclists' "Ride for Kids"

Part of the proceeds from the 1993 regional "Ride for Kids" to be undertaken by motorcyclists from throughout Northern California (plus a number of cycling greats) will go to the UCSF Brain Tumor Research Center and the research of neurologist Mark Israel. The ride, which will take place on Sunday, October 24, extends through the wine country, beginning and ending at the Solano County Fairgrounds in Vallejo. Following the ride, there will be lunch and a program, in which Israel will take part. If you're interested in riding your motorcycle in the event, information is available at your local Honda dealer, or call 1-800-673-7220. If you would be interested in volunteering at the event, call Jan Vick, 565-1063 or 510-522-5772.

Fund Performances

For those invested in the 403(b) Plan and the After-tax plan, here are the latest unit values and monthly factors (as of June 30, 1993). The new annualized yield reflects the annual yield that could be achieved if the current monthly rate were compounded for one year.

	Monthly Values	Annual Rate	Annualized Yield
Savings	.0060	7.06%	7.19%
Money Mkt	.0027	3.12%	3.13%
ICCF	.0068	7.96%	8.15%
	1-Month Unit Value	12-Month Change	Change
Bond	$66.16	21.8%	20.12%
Equity	$97.82	15.2%	16.82%
Multi-Asset	$14.43	12.4%	13.01%

The investment results, as measured by total return figures given above, represent past performance and should not be considered indicative of future results. If you have questions, please call 476-9256.

MS Center *(from page 8)*

management of symptoms and assistance with coping with the impact of the symptoms, a variety of professionals come into play, says Goodkin. In addition to himself and two other neurologists, Stephen Hauser — who chairs the Department of Neurology at UCSF and recruited Goodkin — and Douglas Goodin, the staff includes full-time physical therapist Jelin Hoh and occupational therapist Gene Hietpas, both from the Mount Zion staff. Also joining Goodkin will be nurse practitioner Laura Neilley, who Goodkin says will be his "right-hand person" in patient care. The staff will be rounded out by a full-time social worker, as well as a urologist, psychologist and neuropsychologist, the latter three on consultation. It is of significance to note that the new Center is located adjacent to the Rehab unit at Mount Zion, where both the inpatient and outpatient services will be accessible to the MS Center.

The function of the MS Center is really three-fold, says Goodkin. First, there is patient care. Second, there is research, which he describes as having two arms — the basic science arm, conducted by Hauser, and the clinical arm, conducted by himself. Currently there are several promising drugs coming up for clinical trials, which he expects to conduct as part of the clinic activity.

Finally, there is the clinic's role as an educational resource, both for patients and for health care professionals throughout the region. Just as he has brought his experience and background from The Mellon Center to UCSF, he expects to continue to disseminate information and expertise to a widening circle. The phone number of the MS Center is 885-7844.

Race for the Cure *(from page 8)*

shopping spree at prestigious SF stores, but there also are plane tickets, electronic equipment, get-away weekends and a long list of other prizes — you can read all about it in the *Chronicle* ads. To be eligible for the pledge prizes, you have to turn in the checks in advance, either by mail to the above Rialto address by Friday, October 15, or by 8 a.m. on race day at the pledge booth.

There also will be team trophies awarded for largest and fastest teams, respectively, according to Choy.

UCSF's role

UCSF plays a prominent part in this annual event. The first clue is that when you arrive at Sharon Meadow on the day of the event you will see our UCSF Mammography Van parked prominently in the center of the activity. Its role at the event is more than merely serving as a mascot. Van supervisor Maureen Stull and technicians Carol Gallagher and Susan Barnhill will be conducting mammography screenings throughout the morning.

It's during the year following the event that the mammography van plays its most integral role. Part of the proceeds from the race will go toward an early detection program for medically underserved women in the Bay Area. The UCSF Mobile Mammography Program provides all the screenings and coordinates the follow-up, either at UCSF or at contract hospitals around the Bay Area. Both the screenings and the follow-up costs are covered by the race proceeds.

Last year they travelled as far as San Jose and provided 1,767 screenings as part of the "Race for the Cure" program, says Stull. Of this group, there were 136 abnormal test results.

The "Race for the Cure" screening program is not a money-maker for UCSF. It's a break-even proposition, as is the overall mobile mammography program, which does about 10,000 screenings a year. But it's the only program of its kind in the Bay Area, says Stull, and its importance is demonstrated by the huge number of women who take advantage of this convenient, no-fuss, low-cost way to get a mammogram.

Note: If you'd rather celebrate the "Race for the Cure" by getting a mammogram instead of running, call 476-2193 for more information.

Reform *(from page 8)*

would rest in the ability of the hospital and the providers to work together, contract together, make economic decisions together — something that already has taken place here over a number of years.

He mentioned several other positive steps taken by the Medical Center in light of forthcoming reform, including:

- The UCSF/Mount Zion integration, both in terms of added space to build programs and the added primary care capacity.
- Primary care expansion in three areas — general internal medicine, family medicine, general pediatrics.
- Service Excellence Program — polished service will take on more significance in the managed care environment.
- The Financial Improvement Process — the $23 million already committed in savings (with $30 million projected) provides a good base for maintaining financial health.
- Capitated service delivery — our experience with Health Net has given us a jump on understanding capitated service delivery.
- Financial performance — despite a decline in census, the Medical Center has remained solvent, with enough gain to continue program building.

Kerr also discussed current reform-related efforts, as well as what he called "the critical elements for success." See next issue for a continuation of this report.

Medsounds Continued

City of Visalia rallies behind new gene therapy treatment for brain tumors

The City of Visalia in Central California is exceedingly community minded, according to a group of its citizens who recently visited neurosurgeon Charles Wilson. The fact that they presented Wilson with a check for $39,000 — and the way in which they raised the money — is testimony to the community spirit.

The money is to go toward research on a new type of treatment for brain tumors, an elaborate type of gene therapy that so far is showing remarkable promise, according to Wilson.

The money was raised by community members in honor of one of their fellow citizens, John Tow, who developed a type of brain tumor for which presently there is no known cure, a glioblastoma, and underwent surgery twice this year. Both procedures were performed by Wilson. Wilson told Tow about the promise of gene therapy and expressed hope that Tow could possibly be a candidate for the treatment.

When Tow, a long-time civic leader who owns a consulting firm in Visalia, told his colleagues about the new research, they decided that a positive step toward helping their friend would be to raise money to help further the research. A barbecue was planned, and almost as quickly as the idea emerged, a 100-member committee formed to organize the event. In the end, 1,000 people attended. Zacky Farms donated all the chicken, the city fathers did the serving, and local legislators officiated.

The crowd included two neurosurgery staff members from UCSF, Carol Applebury and Sharon Lam. Wilson, unfortunately, could not be there because of a prior commitment.

On the occasion of the check presentation, Tow told Wilson that the fundraiser was very much about Wilson as well. Several other people in Visalia had been helped by Wilson in the past, and his reputation as an outstanding surgeon was widespread.

Wilson replied that a donation such as this was particularly significant because of the personal emotion behind it, and that such an effort serves as a wonderful inspiration to the research team.

Note: Those interested in further information about the gene therapy treatment mentioned here should refer to an article by Natalie Angier in the *New York Times*, September 8. UCSF is listed as one of several centers planning clinical trials.

John Tow (fourth from right) and Visalia friends present Wilson with the check. Wilson's apron is a souvenir from the barbecue.

Come taste the wine ...

Research fellow Monica Sauer, who volunteers as public relations coordinator for Family House, extends an invitation to "Come taste some great wines from Mendocino County, win prizes, bid for some good buys and help support Family House at the 'Wind and Unwind' benefit on Friday, November 5."

The Mendocino County Vintners Association is hosting the wine tasting and silent auction at the American Carousel Museum, 633 Beach Street in San Francisco, 6:30 to 9:30 p.m.

More than 20 wineries are expected to participate, and local restaurants are furnishing hors d'oeuvres. Tickets are $30 and may be reserved by phone or purchased at the door. Call 476-8321 for reservations.

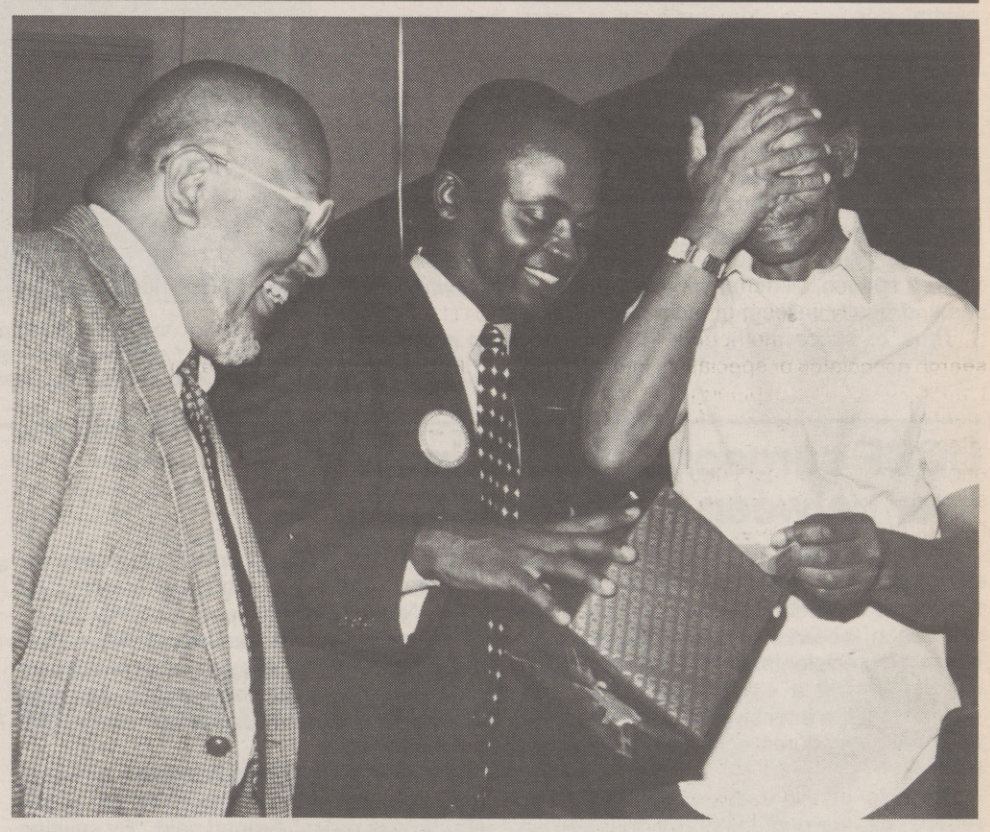
Last year's event raised $8,000 for Family House, the Irving Street home-away-from-home for families of UCSF pediatric patients undergoing treatment for cancer or other life-threatening illness. The money was used to provide emergency food and clothing for families while staying at Family House. This year the proceeds will be used to remodel several bedrooms.

Luck of the draw

Oscar Rodriguez (left) and Willie Harvey (right) were among the Environmental Services supervisors who lined up to discover what fate the box would hold for them. Harvey drew a slip of paper that said "fourth floor locked unit"; Rodriguez got the open unit.

The deal here is that, as a part of the activities for Housekeeper Appreciation Week in September, all the supervisors from Parnassus and Mount Zion drew from the box a specific location where *they* will do the cleaning under the watchful eye of the staff member who normally maintains that area. With Rodriguez and Harvey, both supervisors in LPPI, is Matthias Chaplin, department director. Chaplin said he expected that the supervisors "would do the bulk of the work," but didn't excuse himself from the plot, and drew his own slip.

The drawing took place during one of three receptions for Environmental Services staff at both sites during Housekeeper Appreciation Week, which was launched by a picnic for about 700 in Golden Gate Park. The events were sponsored by Marriot Management Services, which, since last year, has operated the Medical Center housekeeping services.



Pediatric staff organizing 2nd "Night of Hope"

If you remember from last year, pediatric nurses Leanne Parsons and Gary Pelzner and clinical nurse specialist Robin Kramer were the principals in a group that organized an event called "A Night of Hope."

The dinner-dance, which took place last November at the Hamlin Mansion in Pacific Heights, was a smashing success — "We had to turn people away," says Parsons. The mansion could accommodate 300, and as it was, 325 people squeezed in. They raised $25,000 for a program called Road to Recovery sponsored by the Better Health Foundation.

If you are among those who didn't get in, take note: The second "Night of Hope," will be on Friday, November 12, in larger quarters — the Green Room of the Veterans Building on Van Ness. The new location will accommodate 500.

Again this year, the evening will include an open bar, buffet dinner and dancing, but to a different band this time, "The Distractions." Tickets are $55 in advance and $60 at the door. You can purchase them from Parsons and her 6th floor Long colleagues, or call 775-3865. They'll also be selling raffle tickets in advance of the event.

The Road to Recovery program, in which Parsons, Pelzer and Kramer participate as counselors, provides regular support groups for children and teens with cancer and their families, as well as all kinds of activities and outings for the support group members.

The program is open to the entire Bay Area, but about 70% of the participants are UCSF patients, according to Parsons. She says the participants — especially the teen members — have more ideas for activities than she and fellow "Road" workers ever will be able to orchestrate, but among the activities last year were a skiing trip and a white water rafting trip for teens, an Exploratorium visit for children, and a Great America Day for everybody.

For those who like to walk for good causes

Linda Parks, a nurse educator in the Diabetes Teaching Center, is gathering a UCSF team for the "Walk for the Cure" on Sunday, November 7, to benefit the Juvenile Diabetes Foundation.

The 5K/10K walk through Golden Gate Park is one of three Bay Area events for the same cause. Other walks will take place in Los Gatos and Walnut Creek. The top Bay Area pledge earner will win a trip for two to Hawaii for a week. Depending on the amount of your pledges, there also will be T-shirts, sweatshirts, and gift certificates awarded. There is no minimum pledge amount in order to participate.

Parks, who at this writing had just acquired the title of UCSF team captain, says she will be looking into team prizes and so forth, and will send word in time for the next issue of *Medsounds* if there is more to relate.

Meanwhile, save the date, and call her if you want to be part of the UCSF team and/or need a registration form — 665-1010.

From Infection Control: Beware of dust!

Contributed by Marilyn Jordan and Evie McDonald

While we all may experience discomfort around the various construction and renovation projects here at UCSF, there are groups of patients for whom the risk may actually be life threatening. Dust and debris from major projects on campus or from everyday services such as installing telephone cable or doing regular maintenance in ceilings are ongoing events.

At the same time, more and more of our patients have weakened immune systems. Over the past five years, we have added five very successful transplant programs, which means more people at risk. This increase of "at risk" patients has caused the Medical Center to develop a very strict program for dust management. However, since Medical Center and campus buildings are connected or in close proximity to one another, the dust management program may be affected by other construction taking place, such as the library release project.

As much as possible, dust generated during demolition should be kept from all patient areas, including hallways which patients use traveling to other parts of the hospital for procedures. This is especially important for Moffitt, which connects to the Medical Sciences building from floors 1 to 14. If a wall, ceiling or other area must be opened, there is the hazard of dust getting into the air. For those whose immune systems lack the usual defenses, inhaling the dust could cause a deadly fungal infection.

What can staff members do?

- Be alert to your surroundings, especially in patient care areas. If you sense dust, or experience any symptoms — sneezing or eye-burning, etc. — call one of the numbers below.
- If you see signs posted stating that doors must be closed, pay attention.
- If you see a plastic or wooden construction barrier that is not truly closed or intact, call for assistance.

The following are key contacts for immediate action:

- Bob Andrews, Health Sciences building superintendent, 476-6561.
- Rob Purcell, project manager of the Library Release Project, 476-1012
- Dick Chan, Medical Center Building Management, 476-3862
- Facilities Management Service, 476-2021
- Infection Control unit, 476-5793.

Mount Zion *(from page 1)*

Construction of the $39 million outpatient cancer center and the $59.3 million research facility is scheduled to start in 1994. If everything goes as scheduled, both buildings should be completed by 1996.

UCSF hopes to achieve NCI-designated "Comprehensive" Cancer Center status by 1997.

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UCSF

Medsounds

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Page 1 ... United Way "Weekend of Caring"

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Medsounds is a section of *Newsbreak* for and about employees of the Medical Center, including Moffitt-Long, the ACC, Mount Zion and Medical Center employees at Mission Center and Laurel Heights.

Medical director recruited from Mellon Center

Multiple Sclerosis Center opens at Mount Zion this week

The new Multiple Sclerosis Center, which opened its doors on 7 North at Mount Zion this week, already has 100 patients scheduled for appointments.

"There's a good reason for that," says Flora Maika, the program services director of the Northern California chapter of the National Multiple Sclerosis Society. "It's because of Dr. Goodkin. He has a big following."

Neurologist Donald E. Goodkin, the medical director of the new Center, most recently worked with another well-known figure in MS circles, Richard Rudick, at the Cleveland Clinic Foundation Mellon Center — "the premier center for MS care," says Maika. Goodkin was there five years and calls it "a wonderful setting" where important work was taking place. But the opportunity in San Francisco beckoned and he recognized it as a good one.

"There is no other center like this in the area," he says. There are clinics, but none that have a multidisciplinary approach to the extent needed. Multiple sclerosis patients have so many needs, he says — medical, social, psychological, cognitive, every part of their lives is affected.

Multiple sclerosis is a chronic, often disabling disease of the central nervous system believed to result from immune-system dysfunction, although the precise cause is unknown. The disease is characterized by the inflammation and breakdown in the protective myelin sheath surrounding the nerve fibers. The myelin is destroyed and replaced by scars of hardened *sclerotic* tissue. These lesions, called plaques, occur in *multiple* places within the central nervous system.

The resulting symptoms, which are highly individual and vary in severity and duration, may include extreme fatigue, impaired vision, loss of balance and muscle coordination, slurred speech, tremors, stiffness, bladder and bowel problems, difficulty walking or even paralysis.

Thus, to successfully treat MS patients, both in medical

(continued on page 6)

Goodkin (second from right) brought several staff members with him from Cleveland: (from left) clinical coordinator Michele Daughtry and administrative assistants Lynda Douglas and Sharon Wilson. To Goodkin's right is Flora Maika of the MS Society. Daughtry, who temporarily relocated to help organize the clinic, returns to Cleveland in December.

UCSF surgeons divide single liver between two recipients

According to Jean Emond, director of the pediatric liver transplant program, two liver transplant recipients are in good condition after each received part of a single donor organ. The recipients, a 14-month-old Sacramento girl and a 43-year-old Santa Cruz woman, left the intensive care unit two days after the procedures occurred on September 18.

Because of the liver's unique ability to regenerate, the portions of the donor organ transplanted to each of the patients will quickly grow to full-sized, healthy livers, says Emond.

UCSF is the first transplant center on the West Coast to perform the procedure.

Separate teams led by Emond and transplant surgeon John Roberts worked side-by-side in adjoining operating rooms to complete the 4 ½-hour procedures. The recipients are expected to remain in the hospital for about two to four weeks.

The donor organ came from an adult accident victim.

Members of the UCSF Transplant Service hope the unusual procedure eventually will help ease the severe shortage of donor organs. Nearly 2,800 patients currently are on waiting lists for liver transplants. More than 500 of them will die this year while waiting for organs to become available from donors who die in automobile accidents or other traumatic events.

"This procedure needs further development, but its potential impact on the organ shortage is great," Emond said. "By splitting donor livers between two recipients, we could theoretically double the supply of donor organs."

The procedure is performed at only a handful of transplant centers. Emond also pioneered living-related liver transplants — a procedure which uses a portion of a living donor's liver.

Organ transplant programs at UCSF, the third most active transplant center in the country, include liver, kidney, pancreas-kidney, heart and lung.

For those with patient contact:

Get your flu shots!

Employee Health's Suzi Goldmacher sends word that it's flu shot time.

"The influenza season is fast approaching," she says. "The illness can be serious and is responsible for 10,000 to 20,000 deaths each year in the US."

Further, it is an illness that can easily spread from patients to staff and vice versa. Thus, UCSF and the US Public Health Service strongly recommend annual flu shots for all hospital and clinic personnel who have direct patient contact.

The employee health services at both Mount Zion and Parnassus will be offering free vaccinations for this group. The vaccine is 70 to 80 per cent effective in preventing influenza. It is best, says Goldmacher, to get your shots in October or November.

At both sites the vaccine will be available in Employee Health on a drop-in basis:

Parnassus
A 707
Every Wednesday and Thursday
October 27 through November 18
8 a.m. to noon and 1 to 4 p.m.
Call 476-1214 for more information.

Mount Zion
(Shots also available to volunteers and housestaff at Mount Zion)
2400 Sutter Street, lower level
Monday through Friday
Beginning October 18 through November
8:30 to 11:30 a.m. and 1:30 to 4 p.m.
Call 885-7580 for more information.

Note: If you are not in contact with patients but are interested in getting a shot, see your private physician.

Heath care reform: How the Medical Center has prepared

Two days after Bill Clinton launched his health care reform plan on national TV, Bill Kerr met with the Medical Center management staff to offer an overview of how the Medical Center fits into the reform picture. He parted by saying he expected that managers would share the information in their departments; thus, staff members may already have received a detailed account of his talk.

Kerr offered a brief impression of the President's proposal, stating that he sees the reform initiative as an incredibly complex, but positive, step for our nation and looks forward to taking part in making it work.

He conceded that the plan, as proposed, stands to be picked apart by the political process over the next months, or maybe years, although he expects that *something* will be passed — even if that something is only pieces of the overall plan — by the time legislators stand for re-election in 1995.

The key to any national plan will be access to quality care for everybody, he said. If this is to be delivered by the managed competition model, as outlined by the Clinton plan, our general mode of care will drastically change. In fact, it will be a reverse in logic. The current system rewards for doing things. In the managed care model, in which care is provided by "capitated service delivery" — where there is a finite amount of money to care for members — the reward, from a business perspective, comes in doing less.

The Medical Center has taken a number of "pre-reform" initiatives to put itself into a position of strength, he said. One very important factor was the formation of the Clinical Practice Organization, i.e., the Medical Group, in 1986, and the strong working relationship between the Medical Group and the hospital. The success of a shift to the Clinton model

(continued on page 6)

"Race for the Cure" October 24

The annual "Race for the Cure" to benefit the Susan G. Komen Breast Cancer Foundation is scheduled for Sunday, October 24, beginning at 8:30 a.m. at Sharon Meadow in Golden Gate Park.

Environmental Health & Safety's Jimmy Choy is organizing a UCSF team for the 5K men's/women's run or one-mile walk, so if you want to participate, turn in your entry form to him, Box 0942, by Wednesday, October 13. If you want to participate, but not as part of a team, go ahead and send your entry form to "Race for the Cure", Race Central, P.O. Box 828, Rialto, California 92377.

Entry forms are available in the lobby of the MU Fitness Center, the Bookstore, the information desk in the Moffitt lobby, or by calling 1-800-698-8699. They also are printed as part of regular promotional ads published by the *SF Chronicle*, one of the sponsors.

The prizes, both for top runners and pledge earners, are magnificent and many. Grand prize for top pledge earner is a $10,000

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Take note! Use "47" prefix for calls between UCSF and Mount Zion

Medical Center Telecommunication's Marty McCowen sends a reminder to use the tie line when calling between the Mount Zion and Parnassus sites.

By dialing "47" before the extension, each call is free as it travels over a direct connect circuit linking the two telephone switches.

When calling from Parnassus to Mount Zion, dial 47 plus the four-digit extension. For example, to reach 885-7373, dial 47-7373.

If you are at Mount Zion and are calling Parnassus, dial 47 plus the *five*-digit extension, including the last digit of the 476 or 502 prefix. Thus, to dial 476-6813 from Mount Zion over the tie line, dial 47-66813.

If you have questions, call Medical Center Telecommunications at 476-3465 or 885-7200.